



August 2016 Perth, Australia

Register online at
www.acnem.org

AUSTRALASIAN COLLEGE OF NUTRITIONAL & ENVIRONMENTAL MEDICINE INC.

Primary Modules in Nutritional & Environmental Medicine (NEM)

Sat 20 – Sun 21 August

The Primary Modules in NEM, designed for GPs, registrars and other graduate healthcare professionals, are ACNEM's foundation training in post graduate Nutritional and Environmental Medicine. The modules will be delivered over 2 days face-to-face, plus equivalent of 2 days online (4 months online access) to view lectures and to complete required learning activities.

These modules provide an introduction and overview of NEM within primary care. Each major biological system is explored covering the key nutritional, environmental and biochemical factors affecting health and disease. Through case studies delegates will gain practical tools to aid integration into daily practice. The Primary Modules enable practitioners to begin practising NEM confidently and safely.

To enhance your education and reinforce what you have learned, completion of the module requires pre-disposing and reflective activities and an online quiz.

2 days face to face + online content + required activities



Lecture Topics

- Introduction to NEM
- Vitamin C & Other Antioxidants
- Nutritional Biochemistry
- Gastrointestinal Conditions
- Low Stress Diet
- Allergy
- Mental Health
- Metabolic Conditions, Diabetes & CVD
- Children's Health
- Women's Health
- Cancer
- Environmental Toxins & Heavy Metal Toxicity
- Thyroid & Adrenal Conditions
- Epigenetics & Nutrigenomics
- Oral Health
- The Safe Integration of NEM

Gastrointestinal Conditions

Sat 20 – Sun 21 August



A practical evidence-based Nutritional and Environmental Medicine approach to gastrointestinal conditions including reflux, bloating, abdominal cramps, diarrhoea and constipation, IBS, inflammatory bowel disease, Coeliac disease vs. gluten sensitivity, pre and probiotics, FODMAPS, intestinal permeability, bacterial overgrowth, parasites and more.

This two-day training module will incorporate nutritional medicine into your assessment and treatment of gut related health problems, while also exploring how gastrointestinal health can contribute to non gut related health problem.

2 days face-to-face + required activities



ACNEM Education

ACNEM offers Education in NEM, providing industry-based recognition of training and specialty, and aimed to equip you with the knowledge and experience required to expertly practise in nutritional and environmental medicine

Certification in NEM Part 1 & 2 is open to graduate healthcare practitioners who meet Ordinary and Associate Membership requirements and can adequately apply Nutritional and Environmental Medicine principles within their practice. The ACNEM Fellowship is open to Ordinary Members (doctors and dentists).

Please visit our website for further details: www.acnem.org

HIGHLY PRACTICAL POST-GRADUATE MEDICAL EDUCATION WITH IMMEDIATE CLINICAL APPLICATION FOR IMPROVED PATIENT OUTCOMES
ONLINE COURSES ALSO AVAILABLE - VISIT WWW.ACNEM.ORG FOR MORE INFORMATION

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2016 Education & Training Program

AUSTRALASIAN COLLEGE OF NUTRITIONAL & ENVIRONMENTAL MEDICINE INC.

ACNEM's mission is to establish Nutritional and Environmental Medicine as central to medical practice.

PERTH August 2016



Primary Modules in NEM

20 - 21 August

Foundation postgraduate training in Nutritional and Environmental Medicine
2 days face to face + 2 days online + required activities

Gastrointestinal Conditions

20 - 21 August

A practical evidence-based NEM approach to gastrointestinal conditions, including reflux, bloating, abdominal cramps, diarrhoea, constipation, irritable bowel syndrome, Crohn's, Coeliac and inflammatory bowel disease, colitis, pre and probiotics, FODMAPS, intestinal permeability, bacterial overgrowth, parasites and more.
2 days face-to-face + required activities

Primary Modules in NEM

24 - 27 November

Foundation postgraduate training in Nutritional and Environmental Medicine
4 days face to face + required activities

MELBOURNE November 2016



Women's Health

24 - 25 November

This two-day, face-to-face training will provide a comprehensive guide to women's health from a Nutritional and Environmental Medicine (NEM) perspective. The topics covered include an overview of the endocrine system and hormonal balance, environmental influences on women's health, infertility, PMS and gynaecological conditions, perimenopause and menopause plus Q & A and panel discussion. You will discover how to identify possible nutritional deficiencies common in women's health conditions, understand functional tests, and gain confidence in developing effective and safe nutritional treatments.
2 days face-to-face + required activities

A-Z of NEM

26 - 27 November

This workshop will deepen your understanding of NEM, hone your case-taking skills, help you to identify relevant signs and symptoms of nutrient deficiencies, build on your treatment options and your confidence for improved patient outcomes.
2 days face-to-face

The Primary Modules in NEM 1 & 2 are delivered face-to-face over four days in November each year.

We also offer a hybrid two day face-to-face version; Primary Module 1 is presented at the venue and Primary Module 2 is completed online.

Concurrently, advanced modules are available face-to-face in their two day entirety.